

# Mental Health Resource and Education Network

MHREN, P. O. BOX 1082, Ashland, Oregon 97520

## Spring 2005 Newsletter

Warm greetings to all of you a spring approaches. Thanks for you support through your membership for 2005 and attendance and feedback on workshops as well as newsletter contributions. If you would like to be included in a reminder list regarding deadlines for newsletter submissions, just email [gianffer@mind.net](mailto:gianffer@mind.net) Welcome to those who are new to MHREN and receiving this newsletter for the first time. We hope you find it useful and will take advantage of the training opportunities that remain this year.

### MHREN-sponsored Coming Attractions

#### **Friday, June 10, 2005 – Client Defenses and their Clues to the Clinician**

Joe Atkin, CADC II will present several novel and helpful concepts to help you learn to identify psychological defenses and how they inhibit intimacy and genuineness -- the basic substance of mental and emotional health. We'll review the origins and functions of defenses, primary and secondary defenses, and we'll zero in on particular defenses used by particular personalities and effective interventions to help your clients overcome them. We'll also explore our countertransference reactions that reinforce these client defenses and inhibit the therapeutic relationship.

**RVMC, Smullin Center, 2825 E. Barnett Rd., Medford, OR Call 541-773-7503**

#### **September 30, 2005 - Child and Teen Sexual Abuse: An overview of reporting, assessment, and the initial stages of treatment**

Toni Richmond, MS, LMFT; Ann Wright, MA, LMFT; Mary Chambers, MSW; and Detective Michael Fansler will combine to offer us a complete overview of working with those who have been abused as well as the offender. Toni Richmond does assessments for the Child Advocacy Center; Ann Wright works through Jackson County Mental Health with teen sexual offenders, both individually and in groups and will illuminate the clarification process involved in these situations; Mary Chambers is employed at Child Welfare and will address her role as caseworker and reporting and intervention protocols set by the state; Detective Michael Fansler will talk about the legal and investigative issues.

### **Special Events!**

**December 2-3, 2005 – The Crucible Approach: A two day therapist workshop integrating marital and sexual therapy with David Schnarch, Ph.D.**, world-renowned sex therapist and author of Passionate Marriage, Constructing the Sexual Crucible, and, most recently, Resurrecting Sex. See flyer enclosed.

**December 1, 2005 – Passionate Marriage: Keeping Love and Intimacy Alive in Committed Relationships**. Lecture free and open to the public. 7:30-9:30 pm at the Smullin Education Center

## Groups and Announcements

If you would like your announcement to be listed next time, please email information to [gianffer@mind.net](mailto:gianffer@mind.net)

**Couples Group** - Focus of this group is on communication and issues that arise in most relationships relevant to mental, emotional and social well being including: intimacy, gender issues, authority and power struggles, assertiveness, affection, romance, and sexuality. Open for new members beginning in April of 2005. Meeting dates are the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of each month from April to September of 2005. Group is facilitated by the highly effective team of Kyle and Cynthia Becker White and is limited to five couples. Contact Cynthia Becker White at the Counseling and Mediation Center – (541) 776-9166 or 840-8993 or [cbeckerwhite@earthlink.net](mailto:cbeckerwhite@earthlink.net)

**Mixed Gender Process Group**- In this group we explore our personal sensitivities, the ways in which we relate to the world and how that affects us in the here and now as well as building pathways to empowerment. Issues are relevant to emotional and social well-being. They include anxiety and depression, obsessiveness and compulsiveness, personality, relationships, intimacy, communication, assertiveness. We work toward changing patterns that limit our growth. This process group will be open for new members beginning July of 2005 and is held on the 1<sup>st</sup> and 3<sup>rd</sup> Mondays monthly. The group fills up fast and is limited to 10, please contact Cynthia Becker White at the Counseling and Mediation Center (541) 776-9166 or 840-8993 or [cbeckerwhite@earthlink.net](mailto:cbeckerwhite@earthlink.net) if interested.

**Relapse Prevention education/process group** - This new group addresses issues that are relevant to identifying and intervention on warning signs and symptoms leading to relapse of addictive behaviors including alcohol and drugs. We explore the dynamics of relapse, high-risk situations, triggers, and warning signs and develop a personalized working plan. The group is a six-week group meeting twice a month beginning in April 2005. Contact Cynthia Becker White at the Counseling and Mediation Center (541) 776-9166 or 840-8993 or [cbeckerwhite@earthlink.net](mailto:cbeckerwhite@earthlink.net) *Change is inevitable-growth is intentional.*

**The Graduate School of Social Work Alumni Association (GSSWAA) at Portland State University** is seeking to expand access to **The Brown Bag Seminar Series**, which has been presented on the Portland Campus for the past four years, to the Southern Oregon area (Medford/Ashland). These are two hour educational seminars on various topics of interest to social workers and other helping professionals (mental health practitioners, drug/alcohol counselors, nurses, etc.) which allow them to remain current on relevant topics, problem-solve with experts in a variety of specialties, network with colleagues, and complete their CEUs (2). Although the GSSWAA charges a modest fee for these seminars, presenters volunteer their time and the GSSWAA arranges location, registration, and publicizes the seminars. Presenters can attend other seminars free for one year. The website for the GSSWAA is [www.ssw.pdx.edu](http://www.ssw.pdx.edu) (click on Alumni). If you are interested in presenting at **The Brown Bag Seminar Series**, contact Gretchen Thiel, Ashland Site Coordinator for the MSW Program on the SOU Campus, at 541-552-8111 or [gtheil@pdx.edu](mailto:gtheil@pdx.edu)

**Not Straight Not Sure: GLBTQ Youth and Young Adults Support Group** for ages 14-25 meets in Medford. Facilitated by seasoned Master's level therapist. Call 301-3059, Delaine Due for more info. Clients, youth, parents may all call this number for an intake. Also [notstraightnotsure@hotmail.com](mailto:notstraightnotsure@hotmail.com)

**Intro to Art Therapy Seminar** course being offered at SOU through Extended Education Fall 2005, Winter 2006, Spring 2006. Appropriate for students and counseling professionals who would like to know more about art therapy theory and practice. Call SOU Extended Ed for more info. 552-6331.

**Mediation Works will be holding a Basic Mediation Training** in Medford on April 14, 15 21, 22 from 8 am-5 pm each day. Mediation is a process in which a neutral third party facilitates a structured, problem solving conversation between disputing parties. The training will cover topics such as conflict theory, the mediation process, effective communication skills, brainstorming, developing solutions and crafting agreements. In this experiential and interactive training, participants will have an opportunity to practice their skills in simulated mediation scenarios. The training meets Oregon state requirements for basic mediation training. For an information packet call Mediation Works, (541) 770-2468. Early registration is recommended. Registration fee is \$450. Limited scholarships are available.

**Guided Personal Retreat: Learning the Art of Snaring Time.** Join us at the Self & Soul Center Retreat Sanctuary for a guided personal retreat April 1-3 with delicious organic meals and a daily meeting with ZM Suzanna Nadler and Rod Birney, retreat guides. Enjoy time in the woods, sitting by Wagner Creek and soaking in the hot tub or schedule a massage (additional cost). \$210. 618-0013

**WinterSpring Training and Theater Opportunities** - March 18th is the registration deadline for **Beyond Condolence**, WinterSpring's Grief and Loss Education Series, that will begin on Saturday, April 2nd in Medford. Christine Hunter, RN, MA and Sue Carroll, BS are presenting the series, which includes guest appearances by several area professionals. The classes are designed for anyone who encounters grieving people in the course of work or personal life, and wants to learn more about how to help. Teachers, caregivers, social service providers, chemical dependency counselors and medical professionals enhance their professional skills with grief and loss education. The series is required for people who want to help grieving children and adults by volunteering at WinterSpring, Center for Living with Loss and Grief.

**The WinterSpring Theater** welcomes actors and other theater volunteers for the spring and summer season. This is an intergenerational, interactive theater. Children, teens and adults are invited. Experience isn't required. Call 772-2527 to register, or visit the website at [www.WinterSpring.org](http://www.WinterSpring.org). WinterSpring is a nonprofit volunteer-based organization that provides emotional support, referral and education to help those living with the pain of loss.

**Individualized Energy Psychotherapy(IEP) Level 1** - What Is IEP? Individualized Energy Psychotherapy is the first and only multi-level course in Energy Psychology to be approved for psychologists and allied healthcare professionals. It combines many methods into one integrated approach enabling you to provide customized diagnosis and treatment of all three aspects of the human vibrational matrix (the biofield, chakras and meridians) in order to assist clients with a wide variety of psychological issues. In IEP Level 1, you'll learn a tightly-designed method of custom diagnosis and treatment using meridian system interventions. IEP-1 is a closely supervised group focusing on proficiency in custom-diagnosed Energy Psychotherapy treatment.

This course is designed to meet the standards of psychologists, counselors, nurses, social workers, and addictions specialists for 16 hours of continuing education. You will receive the manual (over 60 pages) written by Dr. David Gruder and Dr. Dorothea Hover-Kramer that is a highly acclaimed, and easy-to-utilize guide as well as participating in 7 supervised practicums during the workshop.

Instructor: **Dorothea Hover-Kramer, Ed.D., R.N.**, will teach this workshop. Dorothea is a licensed CA psychologist and licensed OR clinical nurse specialist, a counselor in private practice for over 25 years, and the author of four classic books on energy healing approaches. She is the co-founder and past president of the Association for Comprehensive Energy Psychology.

How to Register: Workshop Dates: Fri. & Sat., April 8 & 9, 2005, 9 AM to 6 PM, lunch & snacks included  
Location: Home of Becky Ruffing, 1562 Ridge Way, Medford, OR Tuition: \$295 for 16 continuing education hours; "early bird" discount \$245 by March 30, 2005; graduate student rate \$150. Please make out your check to Behavioral Health Consultants (BHC) and send to P.O. Box, 406, Cave Junction, OR, 97523. Or call Dorothea at (541) 592-5296; e-mail [dorotheah@frontiernet.net](mailto:dorotheah@frontiernet.net) You will receive a confirmation letter with directions, lodging, and other information on receipt of your check.

**Author, teacher and traditional healer Martín Prechtel** returns to Ashland. On Saturday and Sunday, May 21 to 22, he will lead a workshop entitled, "**Songs to Melt Bullets Into Corn, Grinding Icy Hearts into Life-giving Tears: A ritual gathering to feed the starving Divine in a time of stinginess, hatred and fear. Jump Up and Live Again.**" On Friday night, May 20th, Martin will give a lecture at 7:00 pm at the Bellview Grange. Call Richard at 488-1192 for details or check [www.floweringmountain.com](http://www.floweringmountain.com)."

**Creating Emotional Intimacy Group:** Open to men and women, meeting 5:30 - 7:30 PM, Wednesdays. Initial interview required. \$25/meeting, Nando Reynolds, MA, LPC, 149 Clear Creek Dr., Ashland, 821-6623, [nando-r.com](http://nando-r.com)

**JumpStart!** : Collaboration and communication oriented trainings using the Challenge Ropes Course at EarthTeach Forest Park outside Ashland. Available for existing groups and businesses as well as groups formed specifically for the training. Contact Nando Reynolds, MA, LPC at 821-6623 for more information, [nando-r.com](http://nando-r.com).

## A Conversation with Joe Atkin, CADC II

**Joe will be presenting a MHREN workshop on June 10. Please see the enclosed flyer.**

*Joe, you have recently retired from doing individual therapy in private practice after 25 years in the business. Many of us in the community are very grateful to have learned so much from you through your groups, supervision, and workshops. Would you comment on the changes you have seen in the profession over the course of your career?*

What jumps out most in my mind is the erosion of support for mental health services. For examples: the displacement of folks with chronic mental illness from State Hospitals to the streets, the shift to managed care insurance with its diagnostic and financial biases and limits, and the dwindling of public funds for mental health and alcohol and drug treatment.

*And your own changes as a therapist?*

My own changes are reflected primarily in my shift over the years to a more collaborative approach to mental health, including tighter relationships with physicians and other caregivers and community resources to provide a more consistent, cohesive and congruent service (the 3 C's of mental health service).

For example, relative to folks with anxiety disorders: I formed alignments with several medical centers, physicians, nurse practitioners and physician's assistants who were sensitive, flexible and open regarding combinations and dosages of antidepressant and anti-anxiety medications. Important in these alignments were agencies that offered treatment for other issues such as alcohol and drug dependence. I also had many working relationships with retail businesses and local agencies that would support in vivo desensitization of agoraphobic and socially anxious folks, as well as volunteer opportunities and jobs for people who needed normalization. In addition, my alignments included agencies for vocational rehabilitation and job skills training, as well as private philanthropic sources for treatment funding.

And over the years I shifted from a pathology chasing approach to discovering the innate benevolences in my clients and seeking to empower the client to "self discover" the toxic, inhibitory defenses. I moved from the belief that the cure was in the insight and discipline of healthier behaviors to the belief that the cure is in the Corrective Emotional Experiences, which happen in the safety of intimacy (trust,

acceptance, vulnerability, genuineness, empathy and mutuality). The vehicle to intimacy is initially in the metaphoric relationship with the clinician and ultimately in the intimate relationship with the self.

*What kinds of things would you say to newer therapists about what is really important in our profession?*

Well, I think number one is we should not allow ourselves to be intimidated, bullied and controlled by the people and systems that undermine the respect for our industry, and number two is that we conduct ourselves with attitudes and actions that foster impeccable ethics and unconditional positive regard for the people we serve. Next, would be to love what you're doing — or do what you love. Unless you continually feel rewarded and enjoy being a counselor or therapist, you're going to burn out.

Continuing education is extremely important, because without it we become dinosaurs. And most importantly - be supported by being in supervision and looking forward to exploring your countertransference issues.

*You will be presenting a MHREN training on June 10 on working with client defenses. We are looking forward to being exposed to the wealth of information you have on this topic. Would you give us a brief summary of your ideas on client defenses and a preview of what participants can expect to get out of attending this workshop?*

Sure. Client defenses are naturally developed internal and external forms of denial — the refusal to accept the truth, reality or validity of something. Defenses are essentially attitudinal or behavioral patterns in which there's a conscious or unconscious effort to keep from one's self, or others, unpleasant or uncomfortable thoughts, feelings, sensations, urges or behaviors.

We can't change what we can't see. The goal of the clinician is to help empower the client toward healthful change by seeing the defenses, understanding their functions and finding healthful alternatives to cope with the challenges of life. But, this of course places the client in a paradoxical dilemma. Asking the client to abandon psychological anodynes and adopt new attitudes and behaviors that in the long run will prove to be beneficial, but in the short run will put him or her at risk for pain is quite a request.

Participants can expect to learn the underlying anxieties that enable defenses and to make interventions that are less threatening to the client than his or her anticipated separation anxiety associated with the abandonment of his or her well-entrenched toxic defenses.

## **MHREN 2005 Referral Book**

All who are on our mailing list should have received the MHREN 2005 Therapist Referral Book. If you have not received it and would like to, let us know at [gianffer@mind.net](mailto:gianffer@mind.net). We have limited extras to distribute. We want to apologize for the mistakes and omissions for which we are responsible (please note: under Children's Advocacy Center in Resource section, support group is for *non*-abusing parents and caregivers). It was a bit of a daunting task and we plan to be much more accurate in next year's addition. You will notice there is a form in the back of the book to use to make changes to your listings. Use it to correct any wrong information or to add or drop yourself from a particular category of specialty. Please do not send these in until after July so information is current and we only have to handle forms one time. Let us know if you have suggestions as to how to make it a better publication.

## **Musings on our profession**

**Paul Giancarlo, LCSW**

Recently, many of you have kindly thanked the MHREN board for all that we do to bring you five trainings per year, the referral book, and this newsletter. It is inspiring to know that people are appreciative of what we have been able to do since MHREN's inception in 1991.

This response, along with preparing to speak about MHREN to a class at SOU Masters in Counseling Program, has sent me into remembering why I offer my time and energy to this organization. I feel very strongly about ongoing training and development in our profession. We are in a privileged place in our society in that we are some of the few who are allowed to regularly be involved in the most intimate and profound aspects of people's lives. We bear powerful ethical responsibilities to be prepared to enter into that realm in the most conscious manner possible. I'm very much in favor of required continuing education credits and I'm glad that MHREN provides them but my incentive to attend these trainings is much more about working on my personal development and connecting with others who are engaged in an active way in this field. I enjoy the learning community that is developing as more and more colleagues attend our workshops. We try to make some of our workshops have an experiential component so that we can grapple with ourselves and our own issues which might affect the work we do. I especially admire those among us who volunteer to work in front of the group with a presenter as he or she demonstrates an idea or technique.

Mental health practitioners have chosen a profession in which it is very easy to feel isolated from colleagues while also feeling the sometimes overwhelming effects of the intensity of our work with clients. I am an advocate for us coming together to share our successes and our magnificent failures as well as our questions, theories, fears, and joys. If you are feeling like you are out there alone, without support and contact, I suggest you join a supervision group, find a one-on-one supervisor, attend more trainings, receive some therapy yourself, contribute to this newsletter, start a book group with colleagues, present a workshop, or check out the referral book and call someone who shares a specialty and compare notes. The more we enhance each other's abilities and confidence the better and stronger our profession will be. I don't believe in the scarcity mentality that breeds competition and isolation. If we are all more successful as practitioners and our clients are happier with the results, we will see an increase in the use of therapy by the population as a whole, thereby providing more opportunities for all of us to serve and make a living.

*(This is an idea for a new regular column with a focus on the state of the profession of mental health and our personal involvement in it. If you'd like to do some musing and share it with colleagues, please submit it to [gianffer@mind.net](mailto:gianffer@mind.net). It will be used as space is available.)*

### **About Mental Health Resource and Education Network**

MHREN is a non-profit organization, founded in 1991 by a group of local therapists to provide high quality professional training and educational opportunities in the Rogue Valley, to provide information about other trainings and activities available here and in the surrounding area, and to encourage sharing of ideas and networking among mental health professionals. It is operated by a volunteer board and sustained by annual membership fees and workshops.

The members of the board of MHREN wish to thank all of our current members. Your interest and participation are what keep MHREN alive. If you receive the newsletter and/or have appreciated our workshop offerings, please consider joining us and supporting your profession in the area. We appreciate your contributions to the newsletter by way of a book or movie review. If you have ideas, something you would like to present or teachers you would like to have us bring, please let us know. Contact us at [gianffer@mind.net](mailto:gianffer@mind.net)

## The Collaboration of Career Counseling and Therapy

Linda K. Rolie, M.A., CVC  
Career Counseling Services

When your clients are in career transition and job change, they may experience symptoms similar to life crisis. Losing a job or looking for one can feel like a free fall. The job seeker's emotional state is often more fragile than usual during this difficult time when feelings of self-esteem, identity, and security are all under attack. Clients undergoing career transition often experience fear, confusion, stress, anxiety, and/or depression. Helping clients manage difficult emotions, identify realistic goals, and implement an action plan can be challenging. A referral to an experienced career counselor is a powerful duo to move through the transition more quickly.

Clients in career transition need specific tools and information to gain confidence and navigate through a job ending and a new career goal. Lack of relevant career management information and resources is common amidst job seekers and most therapists do not specialize in the latest career development strategies.

If your clients require help to identify transferable skills and targeted employers, write a unique resume and cover letter, role-play job interviews and salary negotiations, and/or acquire cutting-edge job search strategies, career counseling will expedite an individual obtain a satisfying job. The employment department or job council may be helpful at no cost for many job seekers, but many high-functioning job changers appreciate the services that a professional career management and development counselor provides.

There are two aspects to job and career transition—the emotional one and the practical one. When clients are in career transition, their sense of self is filled with doubt and uncertainty. Occasionally, you may listen to a client who says something like, “It’s just my job...I hate my job...and my boss, too.” Or, a client has been fired or quit a job that they were mismatched for or was unsuitable. Bringing closure to job loss or a familiar career requires emotional recovery and practical application.

Career counseling and therapy have much in common but differ in degree, application, psychological approaches and practical methods. For example, if you have a client who is suffering from a long bout of low self-esteem or depression, a history of sabotaging work relationships or deeply confusing issues, therapy can help

build a positive psychological foundation. If you have a client who is doubtful about identifying and acquiring enjoyable work they would be good at, a referral to a career counselor may be the better choice. If your client has a tendency to be timid about asking for a raise or reluctant to speak about strengths during a job interview, you might want to explore anxieties through a psychological approach while a career counselor can provide mock–salary negotiations and role-play interviewing. As a therapist, you can help with an understanding of who they are now and what they want, but may be limited in job-related resources for establishing a viable career direction and incorporating accountability for measurable results.

Career veterans, mature workers, over-qualified professionals, and college graduates are seeking information about how to “package” themselves. Some clients want to write a business plan for self-employment, while others are striving to enter the work force after selling or losing a business. Some individuals are relocating and lack networking capacities for job search. Others are returning to the labor market after a period of absence from child/elderly care or other reasons. Many professionals are burned out and seek a new challenge that includes professional growth.

If my clients are not ready for Career Counseling (pre-vocational), I refer to appropriate therapists who possess niche specialties to set the stage first. Clients must feel safe, secure, and be ready to be guided through the process of career transition. I want to feel confident that my referrals are welcome and appropriate before I refer to therapists. I usually ask therapists what information they need that would be useful. Together, we coordinate referrals with a release of information form if a combination of therapy and career counseling is indicated.

As a career counselor, my purpose is to help clients achieve higher levels of success through focus and implementation to meet their goals. My book titled, Catch Me When I Fall: A Smooth Landing For The Well-Prepared Job Seeker, has been popular with clients and professionals as a complete self-help manual for job change and career transition, available locally at Bloomsbury Bookstore or through my website and office.

*Linda Rolie, M.A., CVC, has a Master's degree in Counseling Psychology from Lewis and Clark College; over 25 years experience in career management and development and is a certified vocational counselor. Linda has a private office in downtown Ashland. For Linda's published newspaper articles, resume, or career management information, visit her Website: [www.CareerCounselingServices.com](http://www.CareerCounselingServices.com)*

**Membership and Workshop Registration Form**

Name: \_\_\_\_\_ Agency (if applicable): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email \_\_\_\_\_ Phone #s: \_\_\_\_\_

**Membership Fees for Calendar Year (payment after September includes the following year)**

Membership includes multiple benefits such as: newsletter 3x/year, substantial workshop discounts, free newsletter advertising, free access to video library, good feelings of supporting your profession, and it's tax deductible.

\_\_\_\_\_ \$50/yr Professional      \_\_\_\_\_ \$25/yr Student      \_\_\_\_\_ \$100/yr non-profit agency

**Note:** If your agency is paying for you, payment must be received prior to the event or you will be responsible for paying at the door and being reimbursed by your agency. Please inquire early to the person who disburses checks.

**Some scholarships are available.** Inquire at 541-482-3314 or gianffer@mind.net before the early registration deadline.

**June 10, 2005 – Client Defenses and their Clues to the Clinician with Joe Atkin, CADC II**

MHREN members: postmarked by 5/27/05 \_\_\_\_\_ \$60; after 5/27/05 \_\_\_\_\_ \$80 (free CEUs)

Non-MHREN members: postmarked by 5/27/05 \_\_\_\_\_ \$80; after 5/27/05 \_\_\_\_\_ \$100 (free CEUs)

Full time students: half price.                      Some scholarships are available

**September 30, 2005 – Child and Teen Sexual Abuse w/Richmond, Wright, Chambers and Fansler**

MHREN members: postmarked by 9/16/05 \_\_\_\_\_ \$60; after 9/16/05 \_\_\_\_\_ \$80 (free CEUs)

Non-MHREN members: postmarked by 9/16/05 \_\_\_\_\_ \$80; after 9/16/05 \_\_\_\_\_ \$100 (free CEUs)

Full time students: half price.                      Some scholarships are available

**December 2&3, 2005 – The Crucible Approach: Two-day therapist workshop with David Schnarch,**

MHREN members: postmarked by 11/21/05 \_\_\_\_\_ \$150; after 11/21/05 \_\_\_\_\_ \$170 (free CEUs)

Non-MHREN members: postmarked by 11/21/05 \_\_\_\_\_ \$190; after 11/21/05 \_\_\_\_\_ \$210 (free CEUs)

Full time students: half price.                      Some scholarships are available

**December 1- Public Lecture is free and open to the public**

**Cancellation policy:** \$25 fee if cancelled more than 2 weeks early; 50% between 1-2 weeks; no refund less than 1 week

**SEND THIS FORM AND PAYMENT TO: MHREN, PO BOX 1082, Ashland, OR 97520**

**Total amount (membership and/or workshops) enclosed: \_\_\_\_\_**

Newsletter published March 15, August 15 and December 15. Deadline is approximately 30 days prior to these dates. To include your listing, contact newsletter editor Paul Giancarlo at 541.482.3314

MHREN Board members: Corinna Scheibler, Paul Giancarlo, Blandine Leavitt, Gary Woodring and Fern Snogren.

Mental Health Resource and Education Network  
P.O. Box 1082, Ashland, OR 97520

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**MHREN-SPONSORED COMING SOON ATTRACTIONS**

**June 10, 2005**

**Client Defenses and their Clues to the Clinician**

Joe Atkin, CADC II

**September 30, 2005**

**Child and Teen Sexual Abuse**

Toni Richmond, Ann Wright, Mary Chambers and Michael Fansler

**SPECIAL EVENTS**

**Dec 1<sup>st</sup> – Free Public Lecture with David Schnarch, Ph.D.**

**December 2-3, 2005**

**The Crucible Approach Two-Day Therapist Training**

David Schnarch, Ph.D.