

Mental Health Resource and Education Network

MHREN ✉ P.O. Box 1349 Talent, OR 97540

www.mhren.org ✉ info@mhren.org

Winter 2020 Newsletter

Our Mission: To provide training and networking opportunities to the Rogue Valley in a spirit of camaraderie and cooperation; to help create a community of learners who grow together, making us all better therapists; enhancing the public will toward therapy; and enhancing the lives of our clients and our world.

The MHREN Board of Directors:

Sharon Bolles, Tracy Gonzalez, Kate Caldwell, Diane Stamper, Alexis McKenna, and Kelly Birch.

FROM THE BOARD PRESIDENT

Dear Colleagues,

Your MHREN Board of Directors has been working hard this Fall to bring you speakers whom we believe are dynamic and are addressing issues that are particularly current. We are pleased by the line-up we have for 2020. More information on those workshops can be found on page 2 of the newsletter and in the fliers attached.

We are committed to trying to address the requirements for our profession by providing a workshop on even years that qualifies for cultural competency continuing education units, and on odd number years for the ethics requirement. Last year we brought Ofer Zur to talk about Ethics, and this year we are bringing Dr. Cheryl Forster for cultural competency.

Despite the ease and availability of online courses, we hope you will agree with us that the ability to interact and network with your colleagues and ask the experts questions directly is invaluable. In an age in which we frequently find ourselves increasingly isolated, the MHREN workshops provide what neurobiology is showing us is essential to our well-being: the opportunity to create connections in person.

As always, please scroll through the newsletter to find ads, workshops, and classes being offered by MHREN and your colleagues. Looking forward to seeing many of you at our next workshops!

Sincerely,

Sharon Bolles, MHREN Board President

MHREN NEWS

INCREASED FEES: For the first time in many years, MHREN is raising its prices to continue to be able to afford bringing high quality expert speakers to the valley. Annual membership dues will be \$60 for individuals and \$30 for registered interns and retirees. Workshops will be \$90 early registration for members, \$110 for nonmembers; \$45 for members who are registered interns or retirees, and \$55 for nonmember registered interns and retirees. Late registration will then be \$110 for members, \$130 for nonmembers, \$55 for registered interns and retirees who have paid their annual dues, and \$65 for nonmember registered interns and retirees.

REFERRAL BOOK: The next Referral Book will be published around the end of this month (January). “The Helping Professionals Referral Book” is mailed to over 400 local professionals and agencies. If you would like a hard copy of the referral book sent to you at your home or office, please be sure to let us know if your address has changed recently. The next hardcopy likely won’t be published for another two years.

NEXT YEAR’S WORKSHOPS: Please note that we still do not know when we will be able to use Smullin Center again, so **the venue(s) for all of our workshops next year are undetermined as yet.**

All workshops provide 6.25 CEU’s awarded by the Oregon Chapter of the National Association of Social Workers (covers LPC’s, LCSW’s, LMFT’s, Ph.D.’s, and Psy.D.’s). Please see attached fliers for more information.

Friday, March 13th, 2020. Dr. Cheryl Forster will be providing an experiential workshop on “**Intercultural Communication for Effective Diversity Work**”.

Friday, April 24th, 2020. Hilary Cash, Ph.D. will be presenting “**Understanding & Treating Internet/Gaming Disorder**”.

Friday, September 18th, 2020. Dr. Claudia Black, renowned expert on the alcoholic family system, will be speaking on “**Unspoken Legacy: Reverberations of Trauma in the Addicted Family**”.

Friday, October 23rd, 2020. Mary Jo Barrett and Linda Stone Fish, authors of Treating Complex Trauma, will be coming from Illinois to teach about “**The Natural Healing of Complex Trauma: the Collaborative Change Model**”.

If you would like your announcement to be listed in the next newsletter, please e-mail your entry of 100 words or less and flyers in jpeg or pdf format to newsletter@mhren.org with the subject line: “Newsletter announcement for SPRING 2020”. No charge to members; \$20.00 for non-members.

TRAININGS, GROUPS, & CLASSES

Training Group: Emotion-Focused Couple Therapy. Begins October 2020.

Want to feel more confident and have more success in working with couples? Don't miss the opportunity to learn our accessible, cutting edge approach to emotion-focused therapy with couples. Our unique approach to couple therapy integrates cutting edge research in EFT with modern attachment theory and contemporary relational psychoanalytic theory. The training is a combination of lectures, videos, experiential skill building exercises and therapy practice in small groups. 40 CE hours. **Held in Portland.** For more information, visit edwardspsychotherapy.com or call **Jamie Levin-Edwards, Psy.D.** at 503-222-0557.

Guided Imagery and Music: Free In-service Training – Alexis McKenna, Ph.D.

This 2 hour in-service will introduce practitioners to GIM (Guided Imagery and Music) and MI (Music Imagery); training will be held at your office or clinic. In this training, we will: (1) define GIM and MI; (2) examine the historical development and theoretical underpinnings of the model; (3) outline the 4 formal parts of a GIM session; and (5) offer guidelines for determining what clients might benefit from this approach. If time permits, we will listen to a few musical selections. To schedule your free in-service, please call 541-897-0710; www.alexismckenna.org

Feb 15-16th, 2020 The Art and Science of Love Gottman couples workshop, in Medford! 13.5 Ce's available for mental health professionals, held at the Hilton Garden Inn. An amazing way to learn about better ways to connect with your partner. Learn how to build deeper friendship, create shared meaning and learn to manage conflict. No group sharing, small group setting with therapist support. Also, in April, Gottman Level 3 training for therapists in Medford. Contact: Stacy@stacyhubbard.com, more info on her website: <https://stacyhubbard.com>

Advanced NLP/Life Coaching Training: Designed for NLP Practitioners to enhance their NLP and Coaching skills. 24 hours of training over 4 days, April 23-26th, 2020 in Ashland.

\$799. instituteforprofessionalleadership.com, Maria Connolly 541-973-9673 or Nando Raynolds 541-821-6623.

OUTREACH & NEWS

Seeking mental health professionals who identify as a person of color! Clients who identify as a person of color often look for a mental health professional with whom they can identify in terms of race, ethnicity, national origin or language fluency. In recent times, clients of color have increasingly been seeking out mental health professionals of color. I would like to create a list of mental health professionals who identify as a person of color and are willing to help meet this need. If you (or someone you know) are interested, please contact **Victor Chang** at: changv@sou.edu.

PRACTICE ANNOUNCEMENTS

Kaijah Bjorklund, MS, LPC is accepting new clients in her private practice in Ashland. Kaijah works with adult clients from an attachment based and trauma informed person-centered perspective. Her background is in somatic training, and she is trained EMDR and Sensorimotor Psychotherapy. She has training and experience with PTSD, Chronic Pain and Illness, Anxiety, Attachment Issues and Life Transitions. Insurance billing and sliding scale available. 541-499-7338, kaijahccc@gmail.com

Low Fee Counseling (\$10 - \$65/hr.) provided by graduate students and registered interns at the **Community Counseling Center of Ashland**, 600 Siskiyou Boulevard. 541-708-5436

Couples Counseling - Focused on understanding attachment styles and dynamics, reducing conflict, NVC based communication skills, and building a mutually compassionate team. Happy to collaborate on treatment. **Nando Raynolds, LPC 541-821-6623**

Kristi Mersino, LPC, is pleased to announce the opening of her private practice, Rogue Counseling and Consultation, in Rogue River. Kristi has extensive experience working with clients who are experiencing depression, anxiety, and difficulties due to trauma, and provides counseling for both individuals and groups. She especially enjoys working with adolescents, women in transition, and those experiencing grief after loss. She takes insurance, and is paneled with Cascade, and Triwest. You can learn more by visiting her Facebook page, "Rogue Counseling and Consultation" or by calling **541-299-0441**

JOB ANNOUNCEMENTS

Klamath Health Partnership, Inc. has 2 open positions for Mental Health Therapists!

Requirements:

- A Master's Degree in Psychology or related field
- Current Oregon State License is strongly preferred
- Knowledge of behavioral health medicine & use of evidence-based treatment
- Ability to make accurate clinical assessments
- Ability to work as a team member in a fast paced environment.

This individual would work in the beautiful Klamath Basin and will get to work with a fun group of individuals who care about their team and patients. If interested, please email hr@kodfp.org for more details!

Seeking providers for First Responders

Centerpoint is developing a small network of independent licensed MH providers to serve the first responder community (law enforcement, fire professionals, 911 dispatchers). We are looking for providers interested or experienced in working with this population and their unique strengths and needs.

Centerpoint will facilitate unique opportunities for members to:

- Develop familiarity with first responder culture through ride alongs/station visits
- Participate in group consultations and a shared referral network
- Attend specialized trainings
- Be listed on agency resource pages

If interested, please contact **Elissa Denton, 541.245.0789; edenton@centerpointonline.com** with questions or to apply.

OFFICE SPACE WANTED & OFFICE SPACE AVAILABLE

Starting a private practice? Have some clients you'd like to see in Ashland? Thinking of starting a group? **Furnished office space and group meeting space for rent by the hour** at the Community Counseling Center of Ashland, 600 Siskiyou Boulevard. Comfortable, homey space across from Safeway. Four offices: two for individuals or couples, one furnished with play therapy items for children and families, and one group room (holds 16 comfortably). Waiting room, kitchen, and is handicapped accessible. \$15/hr. for office; \$20/hr. or \$100 day for large meeting room. Contact **Sharon Bolles, 541-840-5922**.

Space for rent. Can hold up to 12 people comfortably. Separate building in a residential area on the North side of Ashland. Beautifully furnished, great view, calm & peaceful. Plenty of parking. For rent by the day. \$125 per month for one day per week. Available Mondays and Fridays. Also available for weekend workshops and occasional rental. Rates upon request. For more info contact **Marla Estes, 541-840-1390** or marla16@charter.net

Therapy space for rent: spacious, north Ashland therapy room, available Fridays through Sundays all day, and every evening starting at 5:30PM. Parking is easy, nice waiting room, bathroom ... etc. Rates: \$150 monthly for a 10 hour day all month; \$10 per hour; a 10 hour day may be broken up in several segments. Contact **Noel Chatroux** by text at **541-890-6798** or email at noel@mind.net

Wanted: furnished office to share in **Medford**, one day a week. In addition to sitting area, need small table or desk for adult clients to do art therapy as well as talk therapy. Or, room to add a small table and chair to the office. Contact **Anne Beaufort, LPC, ATR-BC 541-690-9229** (text or phone)

Wanted: psychotherapy office space to rent in Jacksonville, Ruch or Medford. Shared space is a possibility also. Please call **Mimi** at **510-435-3488**.

SERVICES

Professional Practice Billing specializes in billing, credentialing, contracting, and fee negotiations for mental health professionals, for the past 12 years.

- Providers are not required to use an **Electronic Health Records (EHR)** program, but we can work with most EHR's to gather claim data – avoiding extra paperwork.
- We have a gentle, personal approach to patient communication.
- Advanced revenue reporting and other strategies for managing your revenue cycle and meeting your financial goals with accountability and integrity.
- Average days to bill out claims: 4 / Average claims processing: 23 days

billing@professional-practice.org / **Tracy Gonzalez - (541) 941-7792**

Intercultural Communication for Effective Diversity Work

Cheryl Forster, PsyD

Integrating intercultural communication and cultural intelligence (CQ) into our work with clients significantly increases our intercultural effectiveness. These perspectives are usually left out of our psychology, counseling, and social work graduate programs. Traditional diversity, multicultural, and social justice approaches are important but leave out some key components.

The field of intercultural communication (IC) provides a solid framework for strengthening our ability to engage with difference and diversity across a variety of situations. The developmental model used in IC helps us approach differences in a more nuanced way. While emotional intelligence (EQ) is essential, it is often culture-bound. Cultural intelligence (CQ) enables us to be effective with people who are not like us; it is needed when the cultural context changes. We will learn about CQ, which is a process-oriented, evidence-based, and culture-general framework. Knowing which cultural values are more important in a cultural analysis is part of the CQ model and is key for making sure we do not use ethnocentric ways of understanding culture.

This workshop is designed to review some key intercultural communication theories and concepts, and then to apply them. The importance of integrating intercultural communication work with social justice perspectives will also be emphasized.

Learning Objectives

Based on this workshop, participants will be able to:

- name the most important intercultural skill and identify a related model
- describe at least four out of six stages of the Developmental Model of Intercultural Sensitivity (DMIS)
- apply the DMIS to racism and clinical work
- explain the importance of using a cultural-general frame (before culture-specific information)
- list the four components of cultural intelligence (CQ)
- identify at least ten core cultural values for an effective cultural analysis to use with clients
- recognize differences between individualist and collectivist cultures
- recognize differences between small and large power distance values
- describe the four types of Intercultural conflict styles

Friday, March 13, 2020

Check in at 8:00am * **Workshop** from 8:30am to 4:30pm

Location: To Be Determined

Cost: \$90 for members, \$110 for non-members, \$20 for students

Late registration (after March 1): fees increase by \$20 except for students.

Mail payment to: MHREN, PO Box 1349 Talent, OR 97540

Or visit www.MHREN.org to pay with PayPal

6.25 CEUs

Cancellation Policy:

More than 30 days notice: full refund.

2-4 weeks: 50% refund. Less than 2 weeks : no refund.

For more information contact: info@MHREN.org



As a psychologist and an Asian-American woman, Cheryl Forster brings a strong and unique set of skills to her work as an intercultural trainer. Her subject matter expertise, love of learning, and warmth come across in her workshops. Cheryl graduated from Tufts University with her master's in applied developmental psychology, earned her doctorate in clinical psychology from Pacific University, and obtained her Intercultural Practitioner Certificate from the highly respected Intercultural Communication Institute. Since 2004, she has worked at Portland State University's (PSU) Center for Student Health and Counseling, where she is the Coordinator of Diversity and the Psychology Internship (PSU has a doctoral internship training program). She is a former Association of Counseling Center Training Agencies' (ACCTA) Diversity Scholar, and served on the ACCTA Board of Directors (2017 to 2019). In the spring of 2018, she became a Certified Cultural Intelligence (CQ) Facilitator. Moreover, Cheryl is a Qualified Administrator of the Intercultural Development Inventory (IDI) and a contributing author in The SAGE Encyclopedia of Intercultural Competence (2015). Her commitment to the learning process led her to establish her professional intercultural training and development business, called **Bookmark Connections**.

Stuck to the Screen

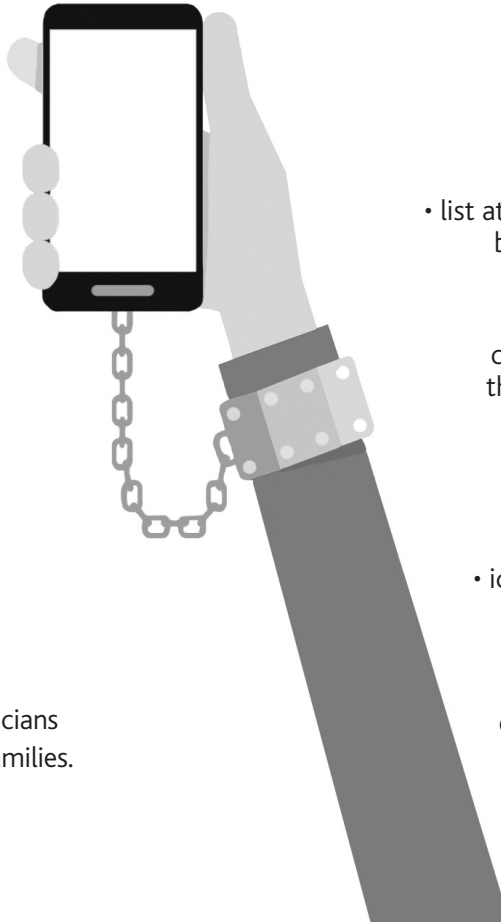
Understanding and Treating Internet and Gaming Disorder

Presenter: Hilarie Cash, PhD

In this full-day training on Gaming Disorder and Internet Addiction, Hilarie Cash, PhD, will cover a variety of topics pertaining to the effect that technology has on our society. Technology addiction impacts people of all ages, focusing pointedly on youth. Its impact on interpersonal relationships, neurobiology, development, social skills, and other important areas can be difficult to effectively address.

For effective treatment, it's essential to know how to diagnose the addictions and their co-occurring disorders, as well as to understand the gaming culture and its connected societal and relational issues.

Finally, Dr. Cash will cover strategies for clinicians to work effectively with clients and their families.



Learning Objectives

Participants will be able to:

- identify three characteristics of video game culture.
- list at least one neurochemical and one brain structure involved in Internet and video game addiction.
- to name at least two of the co-morbid mental health problems that commonly occur with Internet and video game addiction.
- list at least two of the societal problems that fuel Internet and video game addiction.
- identify two or more of the ages at which different technologies are appropriate for children.
- name at least one way children's overuse of screens can impact them socially, sexually, and physically.

Friday, April 24, 2020

Check in at 8:00am * **Workshop** from 8:30am to 4:30pm

Location: To Be Determined

Cost: \$90 for members, \$110 for non-members, \$20 for students

Late registration (after Sept. 6, 2019): fees increase by \$20 except for students.

Mail payment to: MHREN, PO Box 1349 Talent, OR 97540

Or visit www.MHREN.org to pay with PayPal

6.25 CEUs

Cancellation Policy:

More than 30 days notice: full refund.

2-4 weeks: 50% refund. Less than 2 weeks : no refund.

For more information contact: info@MHREN.org

In 2009 Dr. Hilarie Cash co-founded reSTART Life, PLLC, where she is Chief Clinical Officer. reSTART Life, PLLC, is a residential program (first in the US or Canada) designed explicitly for adults and adolescents who are experiencing addiction to the Internet and video games.

She began her work in the emerging field of Internet addiction in the mid-'90s. By 1999 she had co-founded an outpatient clinic called Internet/Computer Addiction Services (now closed) in Redmond, WA. In 2008, she co-authored the book *Video Games and Your Kids: How Parents Stay in Control*, and in 2009, she co-founded reSTART Life. All of these ongoing endeavors have brought her recognition as one of the nation's leading experts in the growing field of Internet and video game addiction.



Unspoken Legacy: Reverberations of Trauma within the Addictive Family

With Claudia Black, PhD

Trauma begets trauma; addiction begets addiction; and each tends to beget the other. Both reverberate throughout a family system. Based on her most recent book, *Unspoken Legacy*, Claudia Black, PhD, will describe how addiction and trauma are interconnected and often repeated throughout the addictive family system and—most importantly—what must happen for healing to occur. She will discuss what influences the vulnerability and resilience to painful life situations including the role of screen time and social media on an already vulnerable population, and detail a seven-step process for healing. As she addresses the hidden darkness of shame that grows from unattended trauma and addiction she will describe various shame screens. This workshop will include describing early strategies in working with family members impacted by active addiction, and throughout the day there will be small group sharing and debriefing of the content discussed.

Learning Objectives

Participants will be able to

- identify how the trauma responses of fight, flight and freeze become acted out in the family impacted by addiction
- recognize relationship of emotional dysregulation to addictions and trauma symptoms of family members
- delineate the more blatant (Big T) and more subtle (small t) traumas in the family impacted by substance use disorders
- describe the addiction–trauma cycle
- list prevalent shame screens acted out in those impacted by trauma and addiction
- describe a variety of strategic family interventions



Claudia Black, PhD, is the clinical architect and actively involved in the Claudia Black Young Adult Center at The Meadows. She works with the executive director and clinical director and their team assessing and enhancing the quality of the program. She is frequently on site speaking with clients and family members. She serves as a Senior Fellow and has been a clinical consultant at The Meadows Treatment Center in Arizona since 1998.

Claudia Black's seminal work with children impacted by substance abuse in the late 1970s created the foundation for the adult child movement. Today Claudia is a renowned author and trainer internationally recognized for her pioneering and contemporary work with family systems and addictive disorders. She sits on the Advisory Board for the National Association of Children of Addiction, and the Advisory Committee for Camp Mariposa®. The Eluna Foundation's national addiction prevention and mentoring program.

Friday, September 18, 2020

Check in at 8:00am * Workshop from 8:30am to 4:30pm

Location: To Be Determined

Cost: \$90 for members, \$110 for non-members, \$20 for students

Late registration (after March 1): fees increase by \$20 except for students.

Mail payment to: MHREN, PO Box 1349 Talent, OR 97540

Or visit www.MHREN.org to pay with PayPal

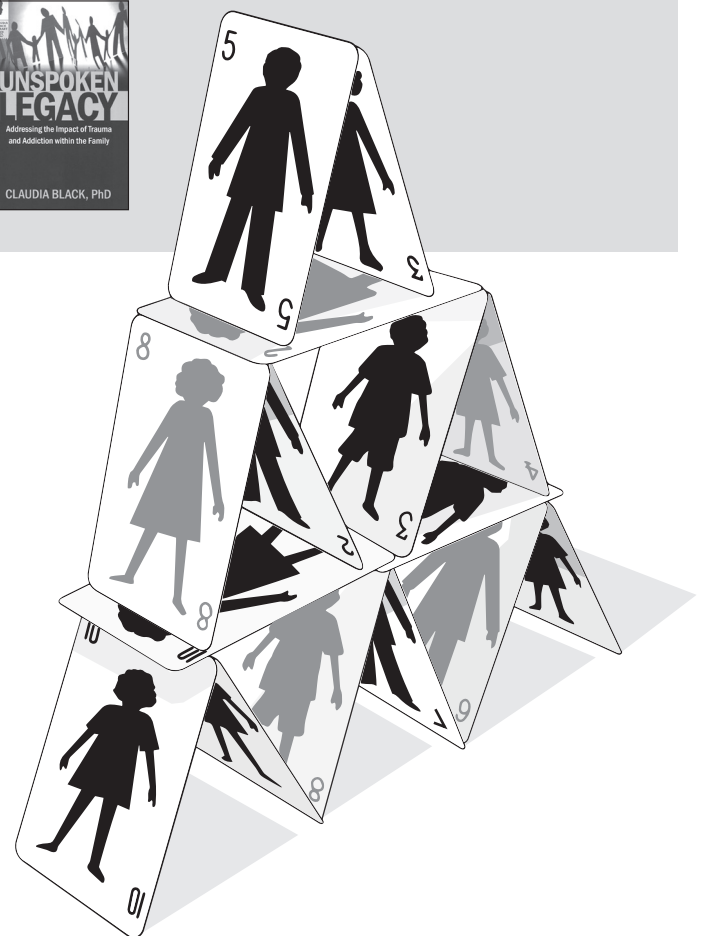
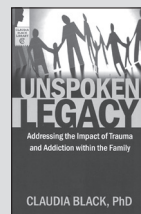
6.25 CEUs

Cancellation Policy:

More than 30 days notice: full refund.

2-4 weeks: 50% refund. Less than 2 weeks : no refund.

For more information contact: info@MHREN.org



The Natural Healing of Complex Trauma:

The Collaborative Change Model



Linda Stone Fish



Mary Jo Barrett

Friday, March 13, 2020

Check in at 8:00am * **Workshop** from 8:30am to 4:30pm

Location: To Be Determined

Cost: \$90 for members, \$110 for non-members,
\$20 for students

Late registration (after Oct. 9, 2019): fees increase by \$20
except for students.

Mail payment to: MHREN, PO Box 1349 Talent, OR 97540
Or visit www.MHREN.org to pay with PayPal

6.25 CEUs

Cancellation Policy:

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For more information contact: info@MHREN.org

Linda Stone Fish, M.S.W., Ph.D. is the David B. Falk Endowed Professor of Marriage and Family Therapy at Syracuse University. She is also the Graduate Director of the PhD Program in Marriage and Family Therapy at Syracuse University and has been teaching, advising, supervising, and doing research at Syracuse University for the past 30 years. She is also a practicing couple and family therapist. Dr. Stone Fish is the coauthor of *Treating Complex Trauma: A Relational Blueprint for Collaboration and Change* with Mary Jo Barrett and of *Nurturing Queer Youth: Family Therapy Transformed* with Rebecca Harvey. Both books introduce stage and strength based practical models to help mental health professionals navigate the challenging work of individual, couple, and family therapy. Dr. Stone Fish is currently conducting research on the Collaborative Change Model and its impact on helping professionals' compassion fatigue in communities impacted by violence and trauma.

This workshop will present a practical three-tiered strength-based contextual model that simplifies the complex nature of family violence and trauma. We will explore the repetitive cycles of violence and through the Collaborative Change Model will learn how to harness the natural cycles of change when working with couples and individuals.

In Stage One, participants will learn to create a context for treatment through assessing client strengths and vulnerabilities, creating safety, and emphasizing the importance of acknowledgment.

In Stage Two, the action mode, the focus will be on techniques and interventions to use for particular symptomatic patterns of behaviors, thoughts, and feelings. Particular focus will be given to working with couples when one of the partners has a trauma history. We will explore the integration of different theoretical approaches, such as IFS, EMDR, CBT, DBT, Family Systems, etc.

In Stage Three, we will explore the most effective ways to help clients consolidate their gains and prevent relapse.

Course Objectives

Participants will be able to:

- apply the Collaborative Stage Model to complex trauma cases when working with individuals and couples
- demonstrate interventions utilized to create a non-traumatic therapeutic environment
- articulate guidelines for effective trauma treatment
- apply the concepts of ethical attunement to their practice

Mary Jo Barrett, M.S.W. is the Executive Director and founder of The Center for Contextual Change, Ltd. She holds a Masters in Social Work from the University of Illinois Jane Addams School of Social Work and is currently on the faculties of University of Chicago, School of Social Service Administration, The Chicago Center For Family Health, and the Family Institute of Northwestern University. Previously, Ms. Barrett was the Director of Midwest Family Resource and has been working in the field of family violence since 1974. Ms. Barrett coauthored two books with Dr. Terry Trepper: *Incest: A Multiple Systems Perspective* and *The Systemic Treatment of Incest: A Therapeutic Handbook*. She co-created the Collaborative Change Model, a highly successful contextual model of therapy used to transform the lives of those impacted by abuse and/or traumatic events. Ms. Barrett provides consultations, workshops, courses and other training opportunities nationally and internationally.

Mental Health Resource and Education Network Workshop Registration and Membership Form

ANNUAL MEMBERSHIP DUES

MHREN membership includes such benefits as 1) substantial workshop discounts for nationally renowned, provocative presenters brought to our own community; 2) newsletter advertising; 3) publicity in the biennial Helping Professionals Referral Book; 4) subsidizing workshop costs; 5) supporting your profession; 6) networking with other professionals; and 7) tax deductible business expenses. Our membership renewal cycle runs January 1st – December 31st. Check the status of your membership at www.MHREN.org.

☐ \$60/yr Individual

☐ \$30/yr Registered Intern/Retiree*

☐ \$110/yr agency**

* A retiree is defined as seeing no paying clients.

** An agency is defined as employing W-2 employees or providing services to the community as a unified business. Names of counselors who are covered by the agency dues should be provided to MHREN.

2020 WORKSHOP REGISTRATION

Friday, March 13th, 2020: "Intercultural Communication for Effective Diversity Work", Dr. Cheryl Forster

MHREN members: postmarked by 02/28/20

☐ \$90

after 02/28/20

☐ \$110

Non-members: postmarked by 02/28/20

☐ \$110

after 02/28/20

☐ \$130

Friday, April 24, 2020: "Understanding & Treating Internet/Gaming Disorder", Dr. Hilarie Cash

MHREN members: postmarked by 04/10/20

☐ \$90

after 04/10/20

☐ \$110

Non-members: postmarked by 04/10/20

☐ \$110

after 04/10/20

☐ \$130

Friday, September 18, 2020: "Unspoken Legacy: Reverberations of Trauma in the Addicted Family", Dr. Claudia Black

MHREN members: postmarked by 09/04/20

☐ \$90

after 09/04/20

☐ \$110

Non-members: postmarked by 09/11/20

☐ \$110

after 09/04/20

☐ \$130

Friday, October 23rd, 2020: "The Natural Healing of Complex Trauma: The Collaborative Change Model", Mary Jo Barrett & Linda Stone-Fish

MHREN members: postmarked by 10/09/20

☐ \$90

after 10/09/20

☐ \$110

Non-members: postmarked by 10/09/20

☐ \$110

after 10/09/20

☐ \$130

Note for agency employees: payment by agency must be received prior to event or participant will be responsible to pay at the door and be reimbursed by agency. Some scholarships available: inquire at info@mhren.org. Full time students pay \$20 for all workshops. Cancellation policy: \$25 fee 2 weeks or more in advance; 50% fee 1–2 weeks in advance; no refund less than 1 week in advance.

Please print clearly (provide contact information only if you are a new member or if there is a change in contact info. Must include name.)

Name (as you want it on CEU cert.): _____ Agency (if applicable): _____

Mailing Address: _____ City: _____ Zip: _____

Email: _____ Phone #: _____

Membership dues from above: \$ _____

Total workshop fees from above: \$ _____ (Registered Intern/Retiree, divide workshop fee by 50%)

Grand Total Enclosed: \$ _____ Check #: _____ Date: _____

Please write on check's memo line if you are paying for workshops(s) or membership.

Send this form and payment to:

Mental Health Resource & Education Network
P.O. Box 1349 Talent, OR 97540
www.mhren.org info@mhren.org



Klamath Health Partnership, Inc.

We have 2 open positions for Mental Health Therapists!

Requirements:

- A Master's Degree in Psychology or related field
- Current Oregon State License is strongly preferred
- Knowledge of behavioral health medicine & use of evidence-based treatment
 - Ability to make accurate clinical assessments
- Ability to work as a team member in a fast paced environment.

This individual would work in the beautiful Klamath Basin and will get to work with a fun group of individuals who care about their team and patients.

If interested, please email hr@kodfp.org for more details!



The Center for
Personal Transformation
Spread Your Wings!

Wonderful relationships are created through specific consistent behavior. There are things that you can do – and not do – that will predictably make your relationships stronger and filled with trust, honesty, and enduring love.

These evenings will include valuable information, experiential practice of the skills, discussion and personal sharing.

For individuals and couples.



Relationship Counseling Nando Raynolds, MA, LPC has been counseling couples in the Rogue Valley since 1988. He and his wife have been lovingly together for more than 35 years. In addition to his counseling work, he trains therapists and life coaches and teaches martial arts and dance. Check out his talks on YouTube!



Fighting Fair

Tues, January 28th
6:30-8:30 pm

Co-Creating Love

Tues, February 4th
6:30-8:30 pm

600 Siskiyou Blvd, Ashland
\$20/evening (\$30/couple)

Space is limited, please call
to preregister!

541-821-6623
www.nando-r.com

Space for rent. Can hold up to 12 people comfortably. Separate building in a residential area on the North side of Ashland. Beautifully furnished, great view, calm & peaceful. Plenty of parking.

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For more info contact Marla Estes, 541-840-1390 or marla16@charter.net

