

# 2022-2023 HELPING PROFESSIONALS REFERRAL BOOK SUBMISSION FORM

The new Southern Oregon Helping Professionals Referral Book for 2022-2023 will be coming out in January. The book will be mailed to the 400+ recipients on our mailing list. An electronic PDF version will be posted on our website for downloading.

PLEASE NOTE: ONLY ACTIVELY PRACTICING THERAPISTS WHO ARE OPEN TO REFERRALS AND ARE MHREN MEMBERS WHO HAVE PAID FULL DUES FOR 2022 PLUS AN ADDITIONAL \$35 FOR THE REFERRAL BOOK WILL BE INCLUDED.

As always, a new submission form is required each year we update. We do not cut and paste from previous books. Forms must be **emailed by midnight, December 5th, or postmarked by December 4<sup>th</sup>, 2021**. An electronic draft of your submission will be e-mailed in late December to those providing their e-mail addresses below, so that you may proof-read your entry.

## Instructions:

- 1) Individual membership dues are **\$60** for the calendar year. Cost to be in the referral book requires membership dues for 2022 **AND** a \$35 fee. There are two methods of payment: 1) you can mail your check for \$95 (preferably with your form) to the post office box listed below, or 2) you may use PayPal through our website, [www.mhren.org](http://www.mhren.org). Professionals who wish to be in the new referral book **must have their payments in by December 6th, 2021**.
- 2) Check as many specialties as apply.
- 3) **Put two checks next to your top three areas of expertise.** These are the top three topics or modalities for which you would most like to be known. *More than three categories being double-checked will result in only the first three being listed in the book.*
- 4) **Circle any topics in which you have 30 or more hours of training.**
- 5) There are two options for submitting your form: you may mail your completed form to **MHREN, P.O. Box 1349, Talent, OR 97540**; or you can scan your completed form and attach it to an email to [info@mhren.org](mailto:info@mhren.org).
- 6) There is a section for **professionals' biographies**. If you wish to be included in this section, please write a 100 word description of yourself, your background, your specialties, and anything else you feel is pertinent to a prospective client getting to know you. (If you would like to see a sample, please refer to the 2020-2021 Referral Book available on our website.) Submissions over 100 words in length will be returned to the clinician for editing.

You may include a photo (must be in "jpeg" format), which we will publish with your bio, but note that it will be in black and white in the hard copy and color in the electronic version.

We have expanded our list of helping professionals to encourage all professionals who work in the mental health field to send submissions. The list now includes psychiatric nurse practitioners, psychiatrists, and coaches.

We also want to expand our list of therapeutic agencies. Membership is not required of agencies who want to be listed, nor is there a cost. Those practitioners affiliated with an agency who want to ensure their agencies receive submission forms should direct the agencies to the Agency Submission Form posted on our website: [www.MHREN.org](http://www.MHREN.org).

We have a section for ads at the end of the book. If you know of anyone who would like to place an ad in the referral book, especially those businesses which provide support services to our profession, please encourage them to contact us. Once the referral book is published, please check out the ads for the professionals who advertise.

If you have any questions, please email us at [info@MHREN.org](mailto:info@MHREN.org)

Your printed name \_\_\_\_\_

Credentials you would like listed after your name \_\_\_\_\_

City/cities where you practice \_\_\_\_\_ Business phone \_\_\_\_\_

Email address \_\_\_\_\_ OK to publish email? \_\_\_\_\_ Website \_\_\_\_\_

Mailing address for hard copy of referral book: \_\_\_\_\_

Licensed  Medicare  OHP Provider Which one(s)? \_\_\_\_\_

Insurance Accepted (Which one(s)? \_\_\_\_\_)  Sliding Scale

Age groups you serve:

Children 6 and under  Adolescents  Groups (Please list kinds) \_\_\_\_\_  
 Children 7 – 12  Adults \_\_\_\_\_

1) **Check** all specialties under which you would like to be listed; 2) **Put a second check** on your **top three areas of expertise** (your three favorite areas to work in, or the three you most want to be known for); 3) **Circle** any areas in which you've had **30 or more hours of training**:

ACT

Addictions:

- Gambling
- Internet/Gaming
- Sex/Pornography
- Drug/Alcohol

Adoption Issues for Families

Adoption Issues for those who have been Adopted

ADHD/ADD

Anger Management

Animal Assisted Therapy

Anxiety/Panic Disorder

Art Therapy

Attachment

Autism Spectrum/Asperger's

Biofeedback/Neurofeedback

Bipolar Disorder

Borderline Personality Disorder

Brainspotting

Career Counseling

Christian Counseling

Chronic Illness/Chronic Pain

Coaching

Cognitive Behavioral Therapy (CBT)

Constellation Work

Couple/Marriage/Divorce

Dementia

Depression

Developmental Disabilities

Dialectical Behavior Therapy (DBT)

Disablement

Dissociative Identity Disorder

Psychiatric Evaluations

Domestic Violence/Intimate Partner Abuse

Dual Diagnosis

Eating Disorders

EMDR

Emotionally Focused Therapy

Energy Work/Tapping

Family Therapy

Focusing

Gay/Lesbian/Bisexual

Gender Non-conforming/Queer

Geriatrics

Grief

Hakomi Therapy

Hypnotherapy

- Internal Family Systems
- Jungian/Depth Psychology
- Mediation
- Medication Management
- Men's Issues
- Mindfulness
- Motivational Interviewing
- Music Therapy
- Narrative Therapy
- Neuro-linguistic Programming
- Nutritional Consultation
- Obsessive-Compulsive Disorder
- Parent-Child Interactive Therapy
- Parenting
- Perinatal/Post-partum
- Personality Disorders
- Phobias
- Play Therapy
- Post-Traumatic Stress Disorder
- Psychiatric Evaluations
- Psychiatric Nurse Practitioner
- Psychodrama
- Psychodynamic
- Sandtray Therapy
- Self-Injury
- Sensorimotor
- Sex Offenders
- Sex Therapy
- Sexual Abuse
  - Sexually abused youth
  - Adults abused as children
- Sexual Assault/Rape/Sexual Trauma
- Sexuality
- Sleep Disorders
- Solution Focused Therapy
- Somatiform Disorders
- Spiritual Abuse
- Spirituality
- Supervision
  - Board Approved
- Transgender
- Transpersonal
- Trauma
- Violent Death/Suicide
- Voice Dialogue
- Women's Issues